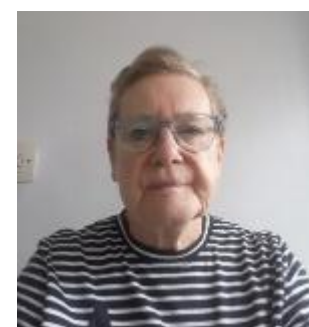




Chair – Julia Heathcote

A former primary school teacher, who retired in 2021, during lockdown, Julia taught for over forty three years. She has lived in Wellingborough for fifty years and during that time seen many changes – and not seen many changes.

She is an active member of St Mark's Church and a church representative of the local deanery. Julia has been a member of Wellingborough u3a for the past six years. She is a member of the French Conversation Group and has recently joined the Play Reading Group. She enjoys all aspects of the arts, particularly ballet, theatre, reading and poetry. She also dabbles in writing poetry, an interest revived during lockdown. Other interests include swimming.



Linda Meredith – Vice Chair

Linda joined u3a in 2024 following the death of her husband. She is a retired Biology teacher who taught in both private and public sector and was Head of Pastoral Care. She trained in the Kidscape Zap program (anti bullying) and with Edward's Trust in Birmingham (child bereavement). She was a trustee for Independent Schools Cruising which offered bursaries and scholarships to child cruisers. Her hobbies include organic gardening, knitting, reading, craft and painting. She is a member of the play reading group and has 2 sons, daughter in law and a grandson that she loves to spend time with.



Helen Hinsley – Treasurer/ Webmaster

Helen has enjoyed a very varied career that has included nursing in the army, working in an accounts department, IT, foster caring and dog grooming. She has previous experience as Treasurer whilst a member of the Lions and now is taking on that role with Wellingborough U3A. Helen recently joined one of the Table Tennis groups which has proved to be a lot of fun. She likes to research her ancestry, spend time with the grandchildren, do a bit of gardening, play board games and solve jigsaw puzzles.



Milly Kwolek – Acting Minute Secretary

Milly took early retirement just over two years ago, having worked as a legal secretary. She shortly thereafter joined the U3a and is a member of the singing for fun group and the walking group. She also enjoys reading, cooking, playing bridge and the theatre, particularly musical theatre. A new member of our Committee, Milly has agreed to take on the role of Minute Secretary as a temporary measure.



Helen Grant – Secretary – Admin

Responsible for Legal matters as apply to Charities.

Helen spent her career in the Metropolitan Police Service Civil Staff, working in various roles, including Secretary to the Uniform and Clothing Committee and several years as a full-time trades' union representative, ending as an HR Manager. Helen set up our dedicated YouTube Channel and has filmed and edited many of the videos that appear there. She leads the Sunday Lunch and Play Reading Groups and is a member of the Social History and Walking Groups.

Her other interests include Creative Writing and being a massive Doctor Who fan.



Kate French – Social Secretary

Kate has a background in education, having worked as a primary school teacher, head teacher and a leader in an educational academy trust. Although Covid hit soon after she joined U3A, she has re-ignited her interest and currently enjoys being a member of the Social History and Mah Jong groups. Kate is an enthusiastic member of “Wellie Wombles” through which she delivers talks to local schools and youth organisations. She is an active Women’s Institute member, belongs to a local book group, and enjoys walking, knitting and sewing, and being Grandma to five grandchildren.



Jean Bretherton – Membership Secretary

Jean moved to the Wellingborough area 44 years ago and worked most of the time as a primary school teacher in Isham, Sywell and Wellingborough schools. She has two daughters and remembers being welcomed cheerily into U3A some years ago.

Jean is a member of the History Group, a frequent flyer with the Garden Visits, and other Coach Trips or at the monthly Meetings. Her interests include, gardening, walking, reading, watching films and sport, and doing quizzes and puzzles.



Sandra Kemp – Groups Co-ordinator

Having retired from teaching Sandra first joined the u3a in order to develop her skills playing the ukulele. During a lockdown ukulele zoom session she agreed to be a group leader for a card crafting group and then joined the committee. As well as getting into various craft activities over the last few years, her hobbies are fairly diverse and include reading, Morris dancing and board games. Her role on the committee is Groups Co-ordinator.



Sally Muldowney Groups Co-ordinator Support

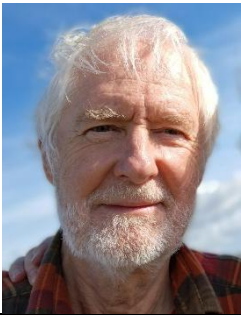
Sally joined Wellingborough u3a in 2015 having retired from the University of Northampton in 2011 where she worked as a Development Officer working with adults aspiring to study at university. She worked here for 11 years after studying for her undergraduate degree which began just after she turned 50! Prior to this she worked in a commercial environment part of which she spent commuting to London working for the Tussauds Studios.

Sally enjoys the opportunities offered by the u3a where she currently takes part in the Singing for Fun Group, the Sunday Lunch Club and the Quiz Group. She hopes to take part in additional groups over the coming 12 months as she is very interested in History, Archaeology, Family History and many crafting activities.



Patricia Heed – Newsletter Editor/ Publicity

With a corporate background in HR, marketing and communications, Pat produces the newsletter each month and contributes to the Website and Facebook pages. Hobbies include Keep Fit (she has been a registered advanced dance fitness instructor for 40 years) Gardening, dressmaking, Social History and combining the two into making accurate scale models in period costume. Currently a member of the Social History Group, Pat is hoping to find the time to start painting again.



Adam Kwolek – Committee Member

Adam worked as an ecologist, retiring from full-time work in 2014. He initially worked in education, teaching children and adults at an environmental studies centre, then lectured at Nene College and finally worked as an ecological adviser with Natural England providing advice to farmers and landowners involved in environmental schemes. Interests include natural history, walking, playing guitar and singing in choirs. He is a member of the Strollers and Singing for Fun Group.



Julia Plusquellec – Committee Member

Julia worked as Office Manager for Waitrose for 32 years before retiring to Brittany with her husband. They lived there for ten years before moving to Wellingborough in 2015. Following the death of her husband in 2016 a friend suggested she join the u3a. *"I can honestly say that was the best thing I have ever done. I have made so many friends"*.

Contact Details for Members of the Committee

Chair- Julia Heathcote chairman@wellingboroughU3a.org.uk	Vice Chair - Linda Meredith vicechairman@wellingboroughu3a.org.uk	Treasurer - Helen Hinsley treasurer@wellingboroughU3a.org.uk
Secretary – Admin - Helen Grant secretary@wellingboroughU3a.org.uk	Minute Secretary – Milly Kwolek secretary@wellingboroughU3a.org.uk	Membership – Jean Bretherton membership@wellingboroughu3a.org.uk
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Committee Member Julia Plusquellec	Committee Member Adam Kwolek	Committee Member Margaret Addie